

WHITENING CONSENT FORM

This information has been given to me so that I can make an informed decision about having my teeth whitened. I understand I have the right to ask questions about any procedure before agreeing to undergo treatment.

Rockstar! In-office whitening is a procedure designed to lighten the color of my tooth using a combination of a hydrogen peroxide gel and a specially designed ultraviolet lamp. The Rockstar Treatment involves using the gel and lamp in conjunction with each other to produce maximum whitening results in the shortest possible time. During the procedure, the whitening gel will be applied to my teeth and light cured to activate the gel. Throughout the entire treatment, a plastic retractor will be placed in my mouth to help keep it open and the soft tissues of my mouth (i.e., my lips, gums, cheeks, and tongue) will be covered to ensure they are not exposed to either the gel or light. Lip balm (SPF rating 30+) may also be applied as needed and I will be provided an ultraviolet filter for my eyes. After the treatment is completed, the retractor and all gel and tissue covering will be removed from my mouth. Before and after the treatment, the shade of my front teeth will be assessed and recorded. The procedure will approximately be a minimum of 1 hour.

I understand that Rockstar treatment results may vary from one patient to another. I understand that almost all-natural teeth can benefit from Rockstar whitening procedure but that the color of restorations such as crowns, onlays and fillings will not be affected by Rockstar. I understand that teeth with multiple colorations or spots due to tetracycline use or fluorosis do not whiten a well, may need multiple treatments or may not whiten at all.

I understand that Rockstar treatment is not recommended for pregnant or lactating women, light sensitive individuals, patient receiving radiation treatments or photo chemotherapeutic drugs or treatment, as well as patients with melanoma diabetes, or heart conditions. I understand that the Rockstar lamp emits ultraviolet radiation and that patients taking any drugs that increase photosensitivity should consult with their physician Rockstar treatment.

I understand that Rockstar whitening treatments can cause severe sensitivity and/or pain or damage in teeth which have open margins in restorations, or teeth with open cavities or hairline fractures. I understand that if my teeth have these conditions, I should have my cavities filled or my fillings redone before undergoing the Rockstar treatment.

I understand that my gums, cheeks, and lips may become temporarily inflamed and painful upon contact with the Rockstar whitening agent.

I understand that no bleaching treatment is meant to be permanent, and that I will need to utilize the take home bleaching kit which is supplied by (purchased from) my dentist to continue bleaching or to occasional "touch ups" to maintain the tooth shade I desire for my teeth. I understand that after treatment I will be required to refrain from consuming any substances that could discolor my teeth for the first 48 hours after treatment which is when my teeth will be most susceptible to stain. These substances include coffee, tea, colas, ALL tobacco products, mustard, catsup, red wine, soy sauce, berries, red sauce and any food ingredients which tend to stain.

I understand that my dentist will gladly answer any and all questions I have in respect to the Rockstar treatment.

The basic procedures of Rockstar treatment and the advantages and disadvantages, risks and known possible complications of alternative treatment have been explained to me by my dentist and my dentist has answered all of my questions to my satisfaction. In signing this informed consent, I am stating that I have read this informed consent (or it has been read to me) and I fully understand it and the possible risks, complications and benefits that can result from the Rockstar treatment and that I agree to undergo the treatment as described by my dentist.

Patient (Guardian) signature

patient (Guardian) print name

date

